



Turning **OFF** your engine

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because 10 seconds of idling uses more fuel than turning the engine off and restarting it.
- ✓ **Saves your vehicle...**
because idling is hard on a vehicle's engine. It can actually damage your engine components, including the cylinders, spark plugs and exhaust system.
- ✓ **Saves our air...**
because greater amounts of toxins are released in your vehicle's exhaust during idling than when your vehicle is moving.



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4-step action plan to reduce vehicle idling

#1 Use the 10/30 rule

Turn the engine off if you are going to be stopped for more than **10 seconds**, (except in traffic)!

Today's modern engines need no more than **30 seconds** of warm-up time, even in cold weather - as long as the vehicle's windows are clear.

#2 Warm it up by driving

Warm up the whole vehicle the quickest way possible – by driving. Avoid high speeds and rapid acceleration for the first 5 km.

#3 Don't use a remote car starter

This device encourages starting the vehicle before you are ready to leave and can cause excessive wear of engine components.

#4 Use a block heater

When the temperature drops below 0 C, consider using a block heater to warm the engine before starting it. An automatic timer can be used to turn on the block heater two hours or so before you plan to start the vehicle.



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